

Schumacher College

The Schumacher Certificate in Sustainable Health

An inspirational learning programme addressing the future of health care and wellbeing

Health care has become more sophisticated but also more specialised, institutionalised and expensive. Meanwhile the core values, of caring, relationships and individual attention are increasingly sought outside the mainstream, and old approaches to family and self care are marginalised. This programme has been developed in response to international demand for a course that considers all these challenges in a new and constructive light, and that charts new integrated approaches for the way ahead.

Course starts February 2009 Application deadline:
15th January 2009
See website to get involved

This course is for doctors, nurses, specialists in conventional and alternative health care, managers with health care portfolios and individuals with an interest in or responsibility for the health and wellbeing of others. The programme culminates with each participant developing a proposal for future work. It will therefore be of interest to anyone wishing to change or deepen their current practice; to develop new health care initiatives or as support during transition to a new career path.

Dartington

Schumacher College is an initiative of The Dartington Hall Trust,
a registered charity

For more information contact:
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This programme offers:

- The theoretical tools to build new models of health care, to engage in appropriate research, and to support well-being at work and home
- An opportunity to challenge the normal structure and expectations around health care
- Practical ideas, skills and essential resources
- A participative learning process
- Creative processes for designing and delivering therapy
- A strong learning community of peers
- The opportunity to develop your own project and transform your practice

The course structure includes five, week-long modules between February and October 2009. Activities range from lectures and group discussions to field trips, cooking, gardening and space for the group to self organise within the ongoing rhythm of living within a learning community at Schumacher College.

www.schumachercollege.org.uk

Teachers Include:

Simon Mills
Teaching Fellow in Sustainable Health/
SustainCare

Brian Goodwin
Schumacher College

Robert Duggan
Tai Sophia Institute

Nicky Britten
Peninsula College of Medicine & Dentistry

Tim Harlow
Consultant in Palliative Medicine

Peter Conway
Herbal Practitioner

Helen Cooke
Complementary Health Practitioner

Alex Laird
Medicinal Herbalist

Ruth Sewell
Lecturer in Integrated Cancer Care &
Spirituality

David Peters
Doctor & Complementary Health Practitioner
